



## Microblading Pre-Procedure Advice

### Please read the following advice carefully and sign at the end

- Microblading procedure can require multiple treatment sessions. For best results, clients will be required to return for at least one re-touch appointment. This will take place six weeks after the initial procedure. Those with oily skin may require an additional touch up. Please be aware that color intensity will be significantly darker and sharper immediately and a few days after the initial procedure, but the color will reduce by 30-50%.
- Although numbing cream and gel can be used during the procedure, sensitivity or discomfort may still be felt. Skin may be red and/or swollen after the procedure.
- Please wear your normal make up on the day of your procedure.
- Please do not drink alcohol 24 hours prior to and after the treatment.
- Where possible, try to avoid the following herbs and spices prior to your appointment: Black pepper, Cardamom, any member of the Zingiberaceae (Ginger) family, Cayenne, Cinnamon, Garlic, Horseradish, and Mustard.
- A patch test will be performed, unless waived by client (I waive a patch test \_\_\_\_\_(signature)\_\_\_\_\_/\_\_\_\_\_/\_\_\_\_\_(date).
- Please do not shape or wax your brows before the procedure. Your technician will shape brows during the procedure.
- No electrolysis for at least five days before the procedure.
- Botox, AHA products, brow tinting and Retinoids should be avoided for two weeks prior to the procedure.
- Exfoliating treatments such as microdermabrasion should not be performed within two weeks prior to procedure.
- Chemical and laser peels should be avoided no less than six weeks prior to procedure.
- Patients prone to cold sores/fever blisters should take an anti-viral prior to treatment.
- Hormone therapies can affect pigmentation and/or cause sensitivity.

### Topical Anesthetic Advice

- Allergic reaction can occur from any anesthetics used during the procedure. If you do suffer from an allergic reaction, you should contact your doctor immediately. Allergic reaction response may show through redness, swelling, rash, blistering, dryness or any other symptoms associated with an allergic reaction. If you have ever had a reaction to Lidocaine, you must inform your technician.
- Numbness – We cannot accept responsibility if the area to be treated does not respond to the numbing gel. Each individual is different according to skin type. Some clients report the area to be completely numb, while others may experience some discomfort.
- Procedure – For microblading procedure, a numbing gel is used. The products are formulated to be perfectly safe and can be purchased over the counter from any pharmacy/chemist. The anesthetic is placed over the treatment area after the skin has been broken. As a result of the treatment, combined with the use of the anesthetic, you can expect to experience some redness/swelling that can last one to four days. You should always follow your post procedure advice and after care for the best results.

### Contraindications for Microblading

- Liver disease –risk of infection
- Compromised skin near brow area
- Pregnancy/Nursing
- Chemotherapy/Radiation

### The following medical conditions require a note from your doctor giving consent

Diabetes Type 1 and 2, high blood pressure, auto-immune disease, thyroid / Graves' disease and any other medical condition that causes slow healing or a high risk of infection.

I have read and full understood the above information provided and any risks involved with the use of topical anesthetic and I therefore consent to the use of the anesthetic for the microblading procedure. I agree to follow pre- and post-procedure advice closely.

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Printed Client Name

Signature

Date

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Printed Technician Name

Signature

Date